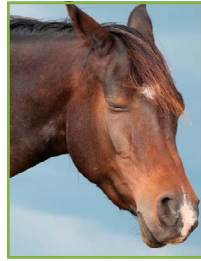


OCTOBER 2018

EQUINE METABOLIC SYNDROME

Equine metabolic syndrome (also known as EMS) affects an increasing number of horses and ponies. Characteristics of EMS include obesity/abnormal fat distribution, insulin resistance and subsequently laminitis.

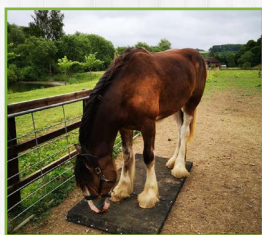


SYMPTOMS

- Obesity
- Abnormal fat distribution
- Laminitis
- Weight gain despite dieting

TESTING

- A single blood sample can be taken to assess insulin and glucose concentrations and to estimate the risk of laminitis developing.
- Call the practice for more information or to book an appointment.



WEIGHT MANAGEMENT

Controlling your horse's or pony's weight is key in helping to reduce the risks of health problems occurring. Whether it is monitoring for weight loss or weight gain it is a simple yet effective way that we help our equine friends. We offer a *free* weighbridge service to all our clients; call us on 01442 851921 to book your visit.

Watch the pounds fall off or roll on!!

PREVENTION AND TREATMENT

EMS can be controlled through dietary restriction and exercise. These simple ways of monitoring will help with weight loss but will also increase fitness which will improve the way your horse's body responds to insulin. Horses with, or at risk of, EMS should be fed a diet that is low in soluble sugars and starches. Grazing should also be limited especially when grass is growing. Sugars will accumulate in grass when the days are sunny and the nights are cold in the winter - so these periods are also to be avoided.

DON'T FORGET OUR ONLINE SHOP

The site for all your horse's needs



VISIT OUR SHOP



Client Evenings are held at The Greyhound Pub in Aldbury.

We would like to thank everyone who attended last month's talk. We hope you all enjoyed the evening and found it worthwhile. Please contact us if there is a topic you would like to see discussed at future talks and keep an eye out for more upcoming events.

► [Read more of our newsletters](#)

FACEBOOK

Don't forget to join our Facebook Group- get in touch with each other, share thoughts, contacts and tell us what you want!



PREVENTATIVE DENTAL WORK CAN SAVE A HORSE'S TEETH

Check out our online videos of dental work done .

LAMENESS SENSORS

call the practice for more information, or to discuss making an appointment for your horse



CALL THE PRACTICE NOW TO BOOK YOUR DENTAL APPOINTMENT
01442 851921

We have made some changes to our terms & conditions with regards to insurance claims

[LINK TO T&C'S](#)