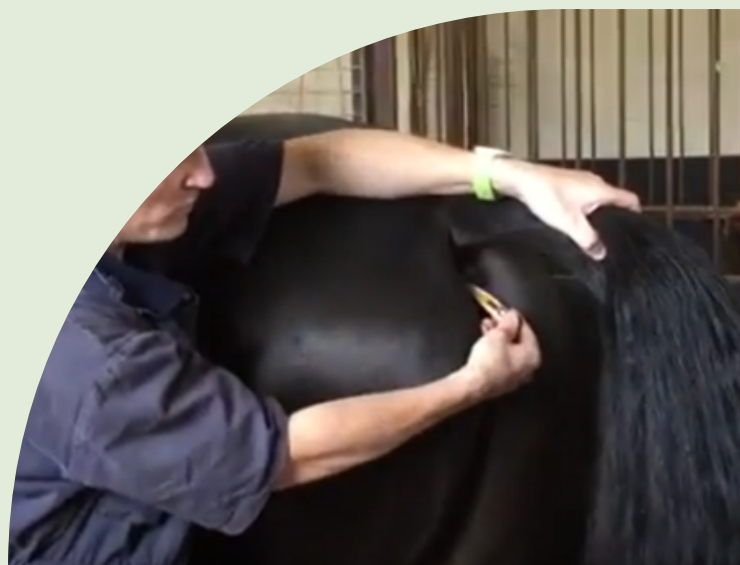


GETTING TO KNOW WHAT IS NORMAL

Becoming familiar with normal vitals for your own horse can help you pick up abnormalities quicker in an emergency and seek veterinary attention if needed.

1 Temperature

The normal temperature of an adult horse is **37-38.5** degrees celsius. A horse's temperature is taken rectally using a digital thermometer. Have a handler hold your horse whilst you take your horse's temperature.



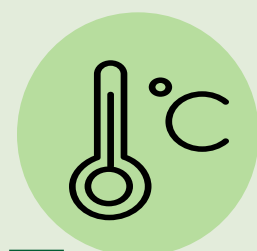
2 Pulse

Heart rate (pulse): **30-44 beats per minute**. Pulse can be taken from the facial artery. This is located underneath the jaw bone and feels tube-like. Apply gentle pressure with your fingers until you feel pulsation. Count the pulse for 15 seconds and multiply by four to get beats per minute.



3 Respiration

Respiratory (breathing) rate: **8-16 breaths per minute**. Measure respiration rate by watching their flanks move in and out as they inhale and exhale.



T 37-38.5 C



P 30-44 bpm



R 8-16 breaths/min